

INFORMED CONSENT

Drift Wellness Program/Drift with Dr. Kimberly Lemke, P.C.

By agreeing to the Drift Wellness Program/Workshop/Presentation, my company/organization and each individual who attends in any capacity understands and agrees to the following:

1. I (we) acknowledge that this workshop/presentation/program/course is a program designed to help people who have trouble sleeping address issues that may be affecting sleep in order to fall asleep easier, stay asleep, and feel more well rested and energized. I(we) understand that the amount of sleep improvement will vary by individual and that results are not guaranteed.
2. I (we) acknowledge that this workshop/presentation/program/course is made available by Dr. Lemke pursuant to her training as a sleep science coach and that her offering this workshop/presentation/program/course is not the practice of clinical psychology.
3. I (we) acknowledge that although Dr. Lemke is a licensed clinical psychologist in the State of Illinois, through the purchase and/or attendance of this workshop/presentation/program/course I (we) or any participant is **not** entering into a doctor/patient relationship with Dr. Lemke.
4. I (we) acknowledge that I(we) or any of our participants have not been diagnosed by Dr. Lemke with any psychological disorder and that this workshop/presentation/program/course does not constitute “treatment” of any psychological condition which may exist.
5. I (we)agree to hold Dr. Kimberly A. Lemke, Dr. Kimberly A. Lemke, P.C. and Drift, Inc. harmless from any ill effects, however unlikely, that may be experienced as a result of taking this workshop/presentation/program/course.
6. I (we) acknowledge that I (we) have fully read this Informed Consent and that I (we) understand it. I (we) also understand that it is our responsibility to make sure each participant agrees to the above terms listed in this consent. If I (we) have any questions or concerns regarding this Informed Consent, I (we)know that I (we)can reach out to Dr. Lemke at drkimberlylemke@driftcourse.com.

Dated: _____

Signature: _____

Printed Name: _____